

Colegio Mercedes Marín del Solar

Los Leones 262, Providencia.

**Educación Física y Salud 4°Básico.**

FICHA DE TRABAJO

*“ÚTILES DE ASEO Y HÁBITOS DE HIGIENE”*

1. *SOPA DE LETRAS:*

Encuentra los útiles de aseo y hábitos de higiene ocultos en la sopa de letras.

1. *SHAMPOO 10. PEINARSE*
2. *DESODORANTE 11. CORTARSE LAS UÑAS*
3. *JABÓN 12. USAR ROPA LIMPIA*
4. *CEPILLO DE DIENTES*
5. *PASTA DE DIENTES*
6. *TOALLA*
7. *BAÑARSE*
8. *LAVARSE LAS MANOS*
9. *LAVARSE LOS DIENTES*

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| B | D | G | T | C | P | O | L | A | R | F | L | G | V | O | R | Ñ | J | I | G | U | M |
| E | P | J | D | O | R | I | L | Ñ | K | Z | A | F | C | O | L | S | F | D | T | S | Y |
| N | E | T | A | R | O | D | S | U | R | S | V | N | C | A | W | H | I | E | F | A | B |
| I | I | Ñ | J | T | Ñ | O | M | B | A | Ñ | A | R | S | E | B | A | T | S | E | R | T |
| Y | N | H | J | A | W | E | F | T | U | R | R | B | M | V | W | M | R | O | R | R | C |
| A | A | O | Z | R | F | Y | J | K | G | L | S | B | Ñ | H | O | P | Ñ | D | D | O | E |
| S | R | O | U | S | A | Z | A | A | M | X | E | P | E | P | R | O | E | O | M | P | L |
| C | S | Y | H | E | F | Ñ | B | S | U | A | L | E | D | Q | X | O | U | R | J | A | P |
| P | E | L | Z | L | E | G | Ó | L | K | E | A | V | N | J | U | D | A | A | E | L | R |
| D | V | G | J | A | U | N | N | F | E | U | S | E | P | D | Q | H | M | N | C | I | F |
| L | A | G | T | S | C | Z | O | N | C | A | M | O | T | K | G | S | T | T | K | M | D |
| X | H | U | J | U | P | T | O | A | L | L | A | I | C | Y | D | Z | F | E | W | P | B |
| M | S | Z | P | Ñ | M | U | K | F | D | R | N | H | K | B | V | E | C | A | Z | I | G |
| E | G | P | L | A | V | A | R | S | E | L | O | S | D | I | E | N | T | E | S | A | U |
| T | K | O | X | S | D | S | X | Ñ | P | I | S | O | P | S | E | Q | U | G | K | O | S |
| P | A | S | T | A | D | E | D | I | E | N | T | E | S | Q | D | B | O | F | A | I | T |
| O | P | C | E | P | I | L | L | O | D | E | D | I | E | N | T | E | S | Z | U | N | V |
| E | G | M | A | I | P | V | B | S | Y | E | R | B | M | Ñ | Q | F | J | K | L | E | X |

1. ¿Por qué es importante lavarse las manos al llegar a casa, antes de comer y después de ir al baño?

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